



Coaches' Notes, 7/21/2010: Championships

Comstock Conference 2010 Championships Information

Dates: Saturday 7/24 & Sunday 7/25

Location: UC Davis Schaal Aquatics Pool

Please see your family file folder and/or email for two very informative memos about Championships this weekend. Reminders about what you can/cannot bring, logistics, coaching tips, and advice for parents are some of the topics covered.

Also, you need to know:

Directions: Interstate 80 west to Hwy 113 north toward Woodland. Take Hutchison Road exit and turn right on Hutchison Road. Turn right on Health Sciences Drive. Drive straight into Visitor Parking Lot 56.

Parking: There is a \$6 parking fee each day. This is not new to UC Davis; we just haven't had our Champs at UC Davis for a few years. Please bring exact change to speed up the entry process. Campus map here: http://www.cevs.ucdavis.edu/map/map_detail.cfm?assetInfo=110

EG Piranhas Team Set-up/Location: The EG Piranhas Team area is directly in front of the new football stadium, it has plenty of lawn and we are about 125 yards from the entrance of the swim facility. Click here for details and a map:

<http://www.teamunify.com/SubTabGeneric.jsp?team=recncsl&stabid=9454>

Check-in: 6:30-7:00am

Scratch Meeting: 7:00-7:25am; if you have not checked in or contacted someone on the team, you will be scratched.

Warm-ups: Saturday 7:30-8:00am; Sunday 7:00-7:30am

Meet Start: 8:30am

And:

- Canopies need to be lowered, tarps picked up at the end of the day on Saturday.
- Bring Walkie Talkies to use, so parents and swimmers are aware of what event we are on. Hearing will be difficult.
- Be respectful of the facility, clean up after yourselves.
- Relays will be determined in the morning by 11:00am. Team Parents please check with Brenda after 11:00am to see who is swimming in the relays. Parents please check in with your Team Parents to see if your child is on the relay. Alternates will also need to be available to swim. We have had kids leave and/or get sick in the past and the alternates took their place.
- Swimmers may not leave during the break on Saturday and Sunday unless they are finished swimming. Parents may leave during the break, but please leave your swimmer in the team area. We have a total of 1 hour between trials and finals. Warm-ups will take place 30-minutes into the break.
- Parent relay sign-ups are going on now at the pool on the white board. Those relays will swim on Saturday 15-20 minutes into the break between trials and finals.
- Awards will be given at the end of finals on Saturday for the 6 & Unders and on Sunday for all others.
- On backstroke, swimmers must keep their toes off of the edge of the gutter. If they curl their toes over the edge, they will be disqualified.
- Swim suits rule is the same as last year. Suits must be team suit, or one of similar construction. No technical suits, fast skins, etc.
- No alcohol, pets, or smoking on the premises. If you must smoke, you must do so *in* your car.

See you at Champs!