



# 2010 Assistant Coaches



**Alyssa Moretti**

**How many years have you been swimming?  
And where?**

I learned to swim when I was 3 at Elk Grove Park and have swam ever since.

**How many years did you compete? Do you still compete?**

This will be my 11th and last year swimming for the Piranhas. I also spent a few winters on Cosumnes River Aquatics.

**What were your favorite events?**

My favorite event is the 50 Fly.

**How many years have you been coaching and/or teaching swimming?**

My first coaching job started September of last year for the Wackford clinic.

**What is your favorite activity outside of swimming?**

Outside of swimming I like to hang out with friends and have a good time.

**Do you have another job? Family?**

I have two sisters that both swam for the Piranhas. The younger sister, Sammi, has been on the team since she was 4 and is now 13. My older sister, Stephanie, swam from age 5 to 17. She is now 20 and attending Sac State.

**What is your favorite food, music, color?**

My favorite food is sushi, I love most music but my favorite is 90s soft rock, and my favorite color is constantly changing. Right now I really like yellow.

**What is your favorite swim memory?**

My favorite swim memory is winning the JV Medley Relay at Sections my freshman year.

**What was the best advice a swim coach ever gave you?**

The best advice I have gotten from a swim coach is to count my arm strokes for the 100 Butterfly and put on sunscreen.

**Tell us something we might not know about you?**

I can lick my elbow.