



Head Coach



Brenda Smart

to decide what color they want this time or earn their favorite color ribbon. The fun they have with their friends at practices and at meets. All that we learn from the kids. All of the "ah ha" moments.

What do you like to do in your spare time when you aren't coaching?

Watch my kids play their other sports, spend time with my family, scrapbook, go to the beach.

What is your favorite sport to watch besides swimming?

The Ironman, baseball and football

What is your favorite candy or junk food?

Chocolate covered caramels and orange slices

What is your favorite animal?

Large dogs and dolphins

What is your favorite song or artist?

Too many to list, I like almost any music, especially 80's rock

What is your favorite TV show or movie?

Favorite TV shows right now are Modern Family and Parenthood

What is the most random word you can think of...right now?

Quintessential

What is your favorite quote?

"Dream it, Believe it, Achieve it", "Anything is possible if you try, not trying is guaranteed failure" and "Pain is temporary, pride is forever".

What is your favorite event in swimming?

100 IM, 100 breast, 50 free and 100 free

Did you compete? If so, where?

Yes, primarily two years of high school and four years of college

What was the best advice you received from your coach?

Believe in yourself and your teammates, work hard, and leave it all on the field. It's not the outcome of the game, but how you play the game.

How long have you been coaching or teaching swimming?

31 years

What do you like most about coaching?

Everything-- The excitement I see on the swimmers faces when they accomplish a goal or learn something new. When they earn a Piranha bead and are trying