



2010 Assistant Coaches



Cameron Abe

**How many years have you been swimming?
And Where?**

Piranhas, Pleasant Grove HS, American River College

How many years did you compete? Do you still compete?

7 yrs., I still compete

What were your favorite events?

100 breast, 100 fly, 200 medley relay

**How many years have you been coaching
and/or teaching swimming?**

3

**What is your favorite activity outside of
swimming?**

paintball

Do you have another job? Family?

lifeguard

What is your favorite food, music, color?

sushi, everything, green/blue

What is your favorite swim memory?

winning 200 medley relay in 2008

What was the best advice a swim coach ever gave you?

too much!!!!

Tell us something we might not know about you?

I'm obsessed with my truck.