



2010 Assistant Coaches



Joey Dai

**How many years have you been swimming?
And Where?**

I have been swimming for 9 years: 5 at Laguna Creek Gators, 3 at Elk Grove Piranhas, and 1 at Merced College.

How many years did you compete? Do you still compete?

I have competed for 9 years and, yes, I still do compete at Merced College.

What were your favorite events?

100 IM, 200 IM, 100 Back, 100 Free

**How many years have you been coaching
and/or teaching swimming?**

I have been coaching for 3 years now.

What is your favorite quote?

"Dream it, Believe it, Achieve it!" - Brenda Smart

What is your favorite activity outside of swimming?

Hanging out with friends and sitting on Facebook.

Do you have another job? Family?

I also coach the Merced Skimmers during the fall and spring seasons. I have a dad, David, a mom, Catherine, and a brother, Leslie.

What is your favorite food, music, color?

Favorite Food: Some kind of meat with rice.

Music: Really any kind.

Color: Yellow.

What is your favorite swim memory?

Either breaking 1:00 for the first time in the 100 Back or receiving the Meet of Champions scholarship.

What was the best advice a swim coach ever gave you?

Kick! and never give up.

Tell us something we might not know about you?

I like bacon.