



# Assistant Coaches



**Joey Dai**

**What is your favorite event in swimming?**

100 IM

**Did you compete? If so, where?**

Yes, Laguna Creek Gators, Elk Grove Piranhas, Franklin Wildcats, Merced College Blue Devils

**What was the best advice you received from your coach?**

Never give up

**How long have you been coaching or teaching swimming?**

4 years

**What do you like most about coaching?**

Seeing the kids improve

**What do you like to do in your spare time when you aren't coaching?**

Sleep, eat, Facebook

**What is your favorite sport to watch besides swimming?**

Water Polo and Basketball

**What is your favorite candy or junk food?**

Buncha Crunch and Double Stuff Golden Oreo's

**What is your favorite animal?**

My two dogs

**What is your favorite song or artist?**

Kid Cudi

**What is your favorite TV show or movie?**

SportsCenter

**What is the most random word you can think of...right now?**

Wannamaker

**What is your favorite quote?**

"What doesn't kill you makes you stronger." –Friedrich Neitzche