



2010 Assistant Coaches



Nathan Ramos

**How many years have you been swimming?
And Where?**

I have been swimming for about 10 years. I have swam at the Laguna Creek Gators then came to the Piranhas. Also, I swam for Franklin High School all four years.

How many years did you compete? Do you still compete?

I have competed for 10 years and I do not compete anymore.

What were your favorite events?

My favorite events in swimming were butterfly and I.M.

**How many years have you been coaching
and/or teaching swimming?**

I have been coaching for 3 years at Piranhas and taught lessons when I lifeguarded for a year.

What is your favorite activity outside of swimming?

My favorite activity out of swimming would be football.

Do you have another job? Family?

No, I do not have another job. I have a younger brother that swims for the Piranhas and an older sister that goes to UC Davis.

What is your favorite food, music, color?

My favorite food is chicken, and I listen to any type of music, and my favorite color is blue.

What is your favorite swim memory?

My favorite swim memory would have been the relays because they are very exciting to be on.

What was the best advice a swim coach ever gave you?

The best advice my coach gave me was that to swim and have fun.