



Assistant Coaches



Nathan Ramos

What is your favorite event in swimming?

100 fly

Did you compete? If so, where?

Yes, I competed for 10 years: 6 with the Gators and 4 with the Piranhas.

What was the best advice you received from your coach?

Just swim your own race and try to have fun.

How long have you been coaching or teaching swimming?

I have been coaching for 3 years.

What do you like most about coaching?

I like to work and help with the swimmers techniques.

What do you like to do in your spare time when you aren't coaching?

Hang out, Golf, Football, and eat

What is your favorite sport to watch besides swimming?

Football

What is your favorite candy or junk food?

Skittles, Sour Patch and Peach O's

What is your favorite animal?

Turtle

What is your favorite song or artist?

Elvis Presley- Can't Help Falling in Love

What is your favorite quote?

"Always keep your chin up."