



2010 Assistant Coaches



Tim Bilbrey

**How many years have you been swimming?
And Where?**

I've been swimming for over 30 years. I started swimming for my recreation team (Lindsay Skimmers) at 10. At Lindsay High School I swam and played water polo. In junior college I swam and played water polo for College of the Sequoias (Visalia). In my late 20s and 30s, I have done triathlons and Masters Swimming events.

How many years did you compete? Do you still compete?

I have been competed most of the 30 years I've been swimming.

What were your favorite events?

Through college I was a breast-stroker and more recently I've done open water swims.

How many years have you been coaching and/or teaching swimming?

I have taught basic swimming as a teenager. More recently, I have coached triathletes and competitive swimmers over the last 10 years.

What is your favorite quote?

There are those that can do anything they have been taught. Then, there are those that can do anything, because of what they have been taught. (mine)

What is your favorite activity outside of swimming?

I enjoy all sports within the typical triathlon (swim, bike, and run). Most of the time it is chasing my son.

Do you have another job? Family?

I do some private lessons and am a substitute teacher. I have a wife (Chris) and a son (Colten)

What is your favorite food, music, color?

I like most foods, music and color. It all depends on the mood and setting.

What is your favorite swim memory?

I split the memory into 2: As a swimmer: I swam the 100 yard free in high school and at our league meet, I stepped up onto the block. All the other swimmers were 6'2" to 6'5", I was 5'7" at best. When we had completed 75 yards I was a body length behind, but with a great turn and strong finish. Won! --- As a coach: Our girls senior night (last home swim) the 3 freshman and 1 senior swam their combined best swim to qualify for the championships in the 200 medley relay an event that had eluded us all year (I almost cried).

What was the best advice a swim coach ever gave you?

Not a swim coach, but my dad: You can do anything, if you have the time and think about it.

Tell us something we might not know about you?

I actually played 1 year of football in high school (no water polo team until the next year). I played linebacker and had the most tackles in the division. (I was also the smallest linebacker in the division).